



Bounce, Shake, Shoot

Activational Speaker, **Eric Bailey**, has an inspirational understanding of how to stimulate human potential for individuals, businesses and organizations. His compelling techniques have worked for some of the world's largest multinationals, including Nike, McDonald's, Toshiba and Canon.

Powerful and passionate, his presentations teach, inspire and elevate audiences to new levels of achievement. Eric has helped over 1.5 million people craft visions for themselves and their organizations and manifest these into reality.

ERIC BAILEY, ex-professional basketball player, former WNBL Women's Basketball coach and international activational speaker, team energiser and mentor has designed a unique and invigorating Team Building Basketball Program that will transform your entire organization.

Eric's valuable 1, 2 & 3 Programs will show participants how to:

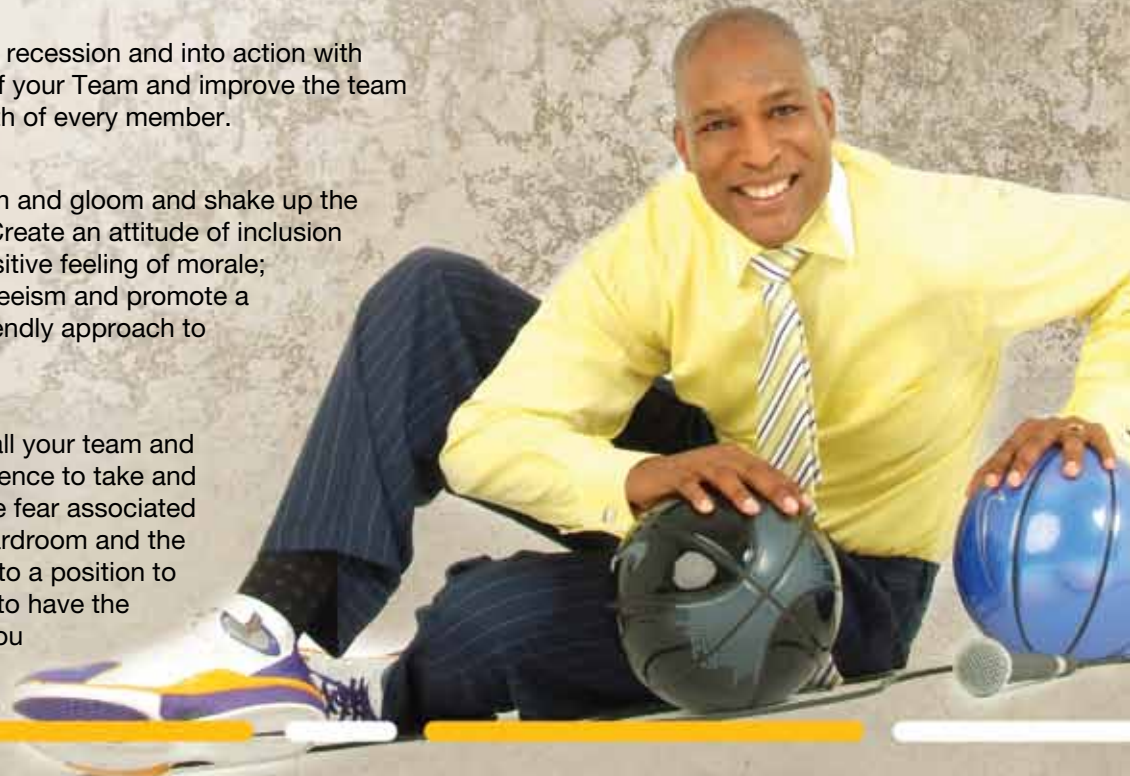
Bounce your way out of the recession and into action with the tools to change the culture of your Team and improve the team chemistry and individual selfworth of every member.

Shake off the feeling of doom and gloom and shake up the attitude of all your whole team. Create an attitude of inclusion and not exclusion; develop a positive feeling of morale; decrease the high rate of absenteeism and promote a healthier and environmentally friendly approach to work, life, and the community.

Shoot into recovery and for all your team and individual goals! Have the confidence to take and make the big shots. Eliminate the fear associated with making decisions in the boardroom and the corporate offices. Put yourself into a position to effect and influence your clients to have the utmost confidence and faith in you and the organization.

Team Building Programs

**Bounce your team into action...
Shake up your teams attitude &
Shoot for your team's goals!**





Bounce, Shake, Shoot

Eric is more than happy to align the outcomes and learning from his programs to suit your organizational and/or team goals and objectives.

Some of the outcomes include:

- A renewed sense of purpose and vision;
- Identification of strengths and weaknesses of teams members and the celebration rather than criticism of them;
- Reduction in absenteeism;
- Heightened awareness of good health and personal development;
- A raised level of the expectations and possibilities for each team member for themselves and each other;
- Have fun experiencing new challenges and adapting to change more readily
- Learning creative ways to relate and communicate with your team.

Team Building Programs





Bounce, Shake, Shoot - 1

Offered as: 2 hours of serious action & fun

This fully tailored two hour program includes:

- Locker Room Chalk Talk - discuss the purpose, plan, and rules of the session;
- Warm Up and Stretching - talking about the best ways to get ready for the main action;
- Skill Drills - working on the fundamentals of the game. The things that need to be done everyday on the way to running a TEAM or organization.

“Eric gave so much of himself that each staff member and executive leader walked away feeling positive and touched that this man could share such personal reflection in such a motivational way. Even our most negative staff member turned the corner. That says something about the skills, tools, and ability of this man to effect change from the bottom up!”

Susan Paterson Director, Suncorp
Financial Services





Bounce, Shake, Shoot - 2

Offered as: Half day

This fully tailored half day program includes:

One hour motivational presentation

Eric Bailey's guiding principles can be summed up in three words:
Visualize | Adapt | Persist

With successful careers in professional sport, executive management and sales, Eric draws on his unique life experiences and a wealth of knowledge in the field of personal and organizational excellence to create powerful and inspiring presentations. With presence and personality, he commands a room like few can.

He has delivered his messages of motivational and health across media channels as host of a radio show for 3 years, writer of the weekly newspaper column "Body and Soul" and he has appeared on television as an ex-pro athlete and expert in the field of personal development.

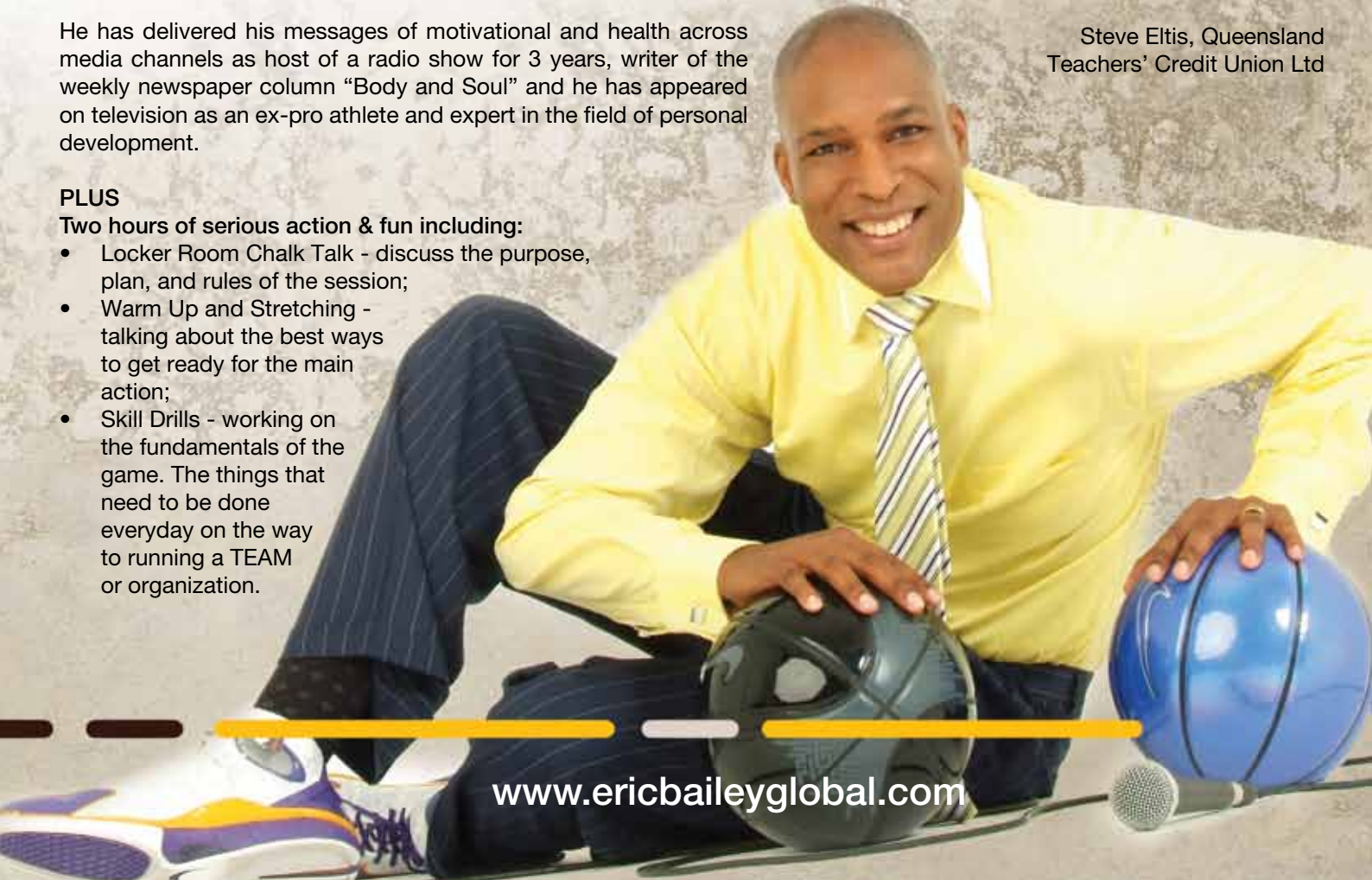
PLUS

Two hours of serious action & fun including:

- Locker Room Chalk Talk - discuss the purpose, plan, and rules of the session;
- Warm Up and Stretching - talking about the best ways to get ready for the main action;
- Skill Drills - working on the fundamentals of the game. The things that need to be done everyday on the way to running a TEAM or organization.

"What was particularly pleasing was the way you wove in your own personal story to show all our leaders that we all have the power to succeed if we can take personal responsibility for our words, actions and choices. You could feel the level of self-belief among our participants rising as each minute went by. The primary message we all took out of your presentation was that we all have the ability to succeed within us. Believing in your ability and taking the responsibility to step up to play in the big league and succeed are the factors which determine whether others will follow us as leaders."

Steve Eltis, Queensland
Teachers' Credit Union Ltd





Bounce, Shake, Shoot - 3

Offered as: Full day

This fully tailored half day program includes:

The complete Bounce, Shake, Shoot - 2 Package
(see previous page for details)

PLUS

A ninety minute workshop (choose from option a. or b. or ask Eric to tailor one to suit your objective):

A) Workshop: A Winning Attitude

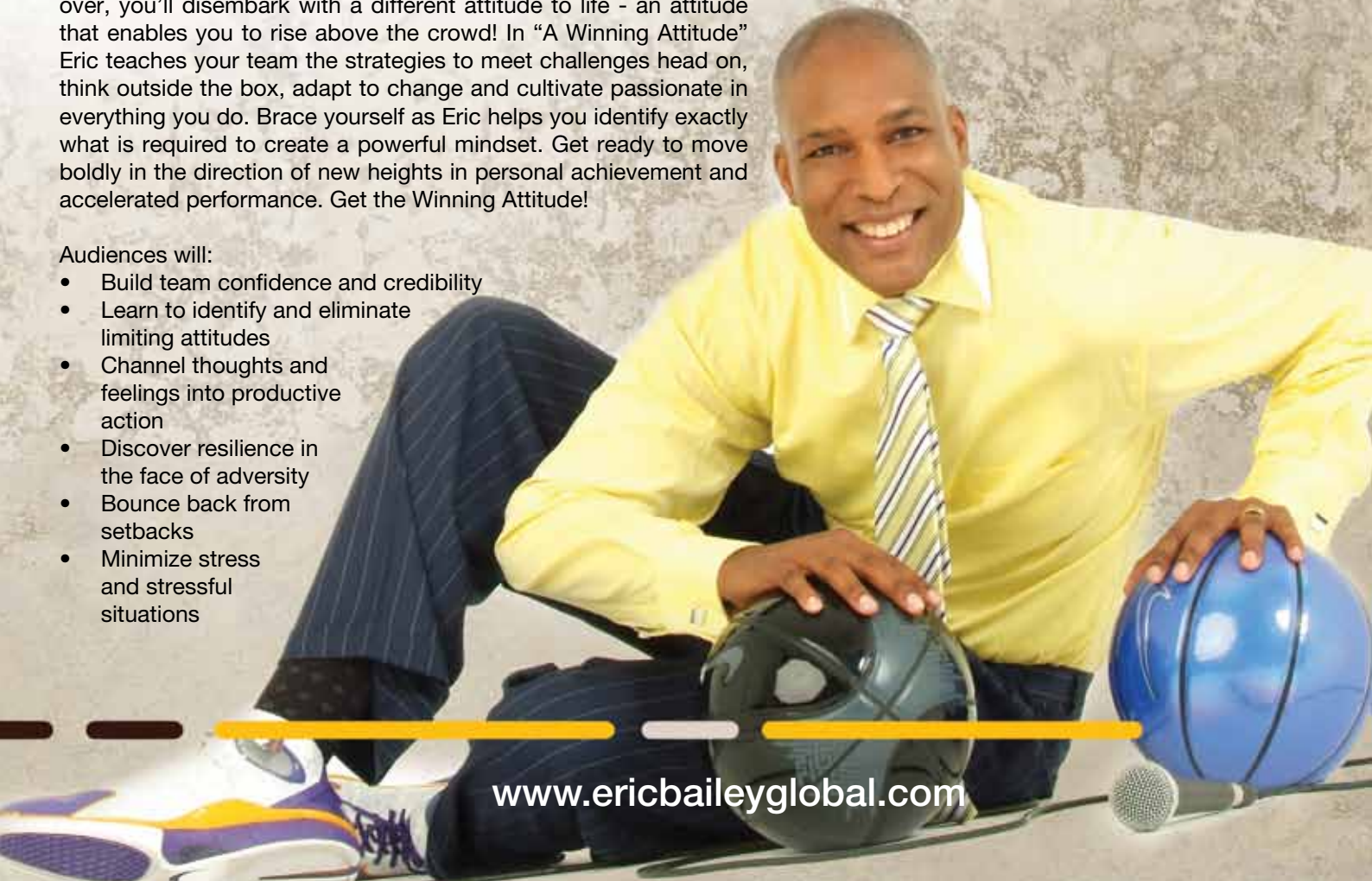
A high-powered injection of attitude and energy! Strap yourself in for a roller coaster ride of humor, emotion and drama. When it's over, you'll disembark with a different attitude to life - an attitude that enables you to rise above the crowd! In "A Winning Attitude" Eric teaches your team the strategies to meet challenges head on, think outside the box, adapt to change and cultivate passionate in everything you do. Brace yourself as Eric helps you identify exactly what is required to create a powerful mindset. Get ready to move boldly in the direction of new heights in personal achievement and accelerated performance. Get the Winning Attitude!

Audiences will:

- Build team confidence and credibility
- Learn to identify and eliminate limiting attitudes
- Channel thoughts and feelings into productive action
- Discover resilience in the face of adversity
- Bounce back from setbacks
- Minimize stress and stressful situations

"Eric has brought our workers closer together, reduced absenteeism and improved communication. Eric displayed substance with style and passion. Rated 10 out of 10!"

Michael Symes, Filtronics Pty. Ltd, Asia
Pacific Exports International





Bounce, Shake, Shoot - 3 (cont.)

B) Workshop: Team Synergy - The Force Multiplier

Ever wonder why some businesses seem to achieve far more than others with the same resources? It's not a secret, but it must first be understood if it is to be cultivated. In this program, learn the importance of Team Synergy - The Force Multiplier: what it is, how to develop it, and how to sustain it. Maximizing the success of any business means tapping the strengths of individual team members. When you create a team where everyone's strengths are harnessed and weaknesses are compensated for you develop synergy. This program focuses on the most effective ways to encourage your team members and consistently see improved results. Awaken the true potential of your business or organization. Learn to inspire them toward excellence, both individually and as a team. An intense, highly charged presentation guaranteed to motivate and bring a renewed sense of purpose.

Audiences will:

- Understand true team potential
- Generate clarity around goals
- Ensure commitments to team success
- Recognize team strengths and weaknesses
- Provide constructive support to team members

All participants will receive a customised Eric Bailey Playbook.

All participants are required to wear sporting attire (shorts or track pants and runners).

All participants are required to bring a towel and water bottle.

Note: Ideal size of group 20 to 40 players
Minimum 15 players
Maximum 50 players

Eric Bailey Global Bookings

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